



KINES 11, 11A, & 12

Downhill Skiing Or Snowboarding

Spring Semester 2009

First 6 Weeks (1 Credit) Please check start and end dates below.

The Downhill Skiing and Snowboard Programs in Kinesiology (KINES) are open to all abilities from absolute beginners to advanced skiers and snowboarders. The ski school at Tussey Mountain Ski Area - whose members are trained and certified by the PSIA (Professional Ski Instructors of America) or AASI (American Association of Snowboard Instructors) - teaches the instructional classes. Class placements are according to individual ability level within each section.

Note:

KINES 11 is beginner to intermediate downhill skiing. KINES 11A is intermediate to advanced downhill skiing. KINES 12 is snowboarding at all levels of ability. You may take all of the different levels offered in this class for credit.

Class schedule: 1st class and last class dates :

SECTION 101- SATURDAY	12:30-3:00 PM	1/17/09	2/21/09
SECTION 102- MONDAY	7:00-9:30 PM	1/19/09	2/23/09
SECTION 103- TUESDAY	7:00-9:30 PM	1/20/09	2/24/09
SECTION 104- WEDNESDAY	7:00-9:30 PM	1/21/09	2/25/09
SECTION 105 -THURSDAY	7:00-9:30 PM	1/22/09	2/26/09

Important:

On the first class, students should be at Tussey Mountain 1 ½ hours before class time to take care of fees and attend a class orientation session that occurs 30 min before class time in the lodge to determine class level placement. Plan on being on the slopes at the start of your class period

FEE PAYMENT

This is a fee course and the fees are as follows:

- \$ 170 – Course only (Lesson and Lift)
- \$ 229 – Course plus rental of ski or snowboard
- \$ 135 – Course only for season pass holders with their own gear

TO PAY: Please make checks payable to “Tussey Mountain Ski Area”
Credit card payments can be made at the ski office, by phone, by fax or email to
info@tusseymountain.com

All fees are payable in advance to Tussey Mountain Ski Area before or on the first day of class!!

At that time, any final instructions will be distributed and questions answered. Fees, payable to “Tussey Mountain Ski Area”, can be made by cash, check or credit card. Fees can be paid by faxing your name, address, section number and class day **plus** your credit card number and expiration date to (814) 466-6601 or over the phone at (814) 466-6266. You can also stop in the ticket office and pay during normal office hours. Again, we will need to know your section number and day of the week your section meets. Please arrive at Tussey Mountain at least an *hour and a half* before your first class start time in order to pay any fees that may be due and attend a class orientation in the lodge.

You will start skiing or riding on the first day.

FEES AND REFUNDS

Refunds are given only by officially dropping the course or in the case of injury. **A copy of your add/drop printout or signed doctor's certificate is required for a refund.** This documentation, along with a current address and phone number, should be submitted to the Tussey Mountain business office to the attention of the accounts manager, Sue Matalavage, in order to receive any refund.

Tussey Mountain Ski Area
PO Box 885
Boalsburg, Pa 16827

REFUND SCHEDULE

Up until the end of the 1ST Week 70%

Up until the end of the 2ND Week 40%

Up until the end of the 3rd Week 20%

Anytime after that...No Refund

NOTE: Basis for refund is the date of your officially dropping the course.

FREE TRANSPORTATION

Bus transportation (VIA CATA "Boalsburg" OR "B" ROUTE) will be provided at **NO CHARGE** for those who require it. A \$10.00 refundable deposit is required for each bus pass. You may pick that up at Tussey Mountain any time before the class begins. The first day of your class you will be able to get on the bus without the pass to go to the mountain. However, you will need to obtain a pass to return home on the bus after class. Route times and information are available from Tussey Mountain or CATA (238-CATA or www.catabus.com). Free parking is provided for those who drive their personal vehicles.

DIRECTIONS

Tussey Mountain Ski Area is located approximately 5 miles Southeast of State College on Rt. 322 East. We are 1 mile past Boalsburg, turn right on Bear Meadow Road at the Tussey Mountain Ski Area sign. We are 1 mile up that access road. Our slopes are easily visible from the road and even from the Penn State Campus.

Tussey Mountain KINES Pre-Payment Form – Fax to (814) 466 – 6601 or email to info@tusseymountain.com

Student Name _____ Student ID _____

Course # 11 11A 12 Day Sat M T W Th Section _____

Phone # (school) _____ Phone # (home) _____

Billing Address _____

City _____ State _____ Zip _____

Circle One Course only \$170 Course + Rentals \$229 Course with Season Pass \$135

Name Card _____

Credit Card # _____ Expiration Date _____

Signature _____

CLASS REPORTING

Please report to the main office first to:

1. Pay any fees still outstanding (1st week only)
 2. Pick up your lift ticket and rental form (if needed)
- Go to Lodge/rental shop, Get Boots on and your skis or board.

Put skis/board on racks on the back deck, and meet in on the 2nd floor of the Lodge. You will be reviewing a short orientation video while you wait to check in and meet your instructor for the class.

Each week following the first week of class, all students **MUST** report to the Ticket Office to check in for attendance and receive their lift tickets and rental forms (if applicable).

All class sessions begin sharply at the scheduled times. It is highly recommended that you arrive **AT LEAST** 30 minutes ahead of scheduled time to obtain your lift ticket and rental equipment if needed. No tickets will be distributed 15 minutes after the start of the session. **ALL** students should be in attendance within 15 minutes of the scheduled start time.

Lift tickets are issued for a longer period of time than the actual class. The lift ticket received by the student is a 4pm - 10pm evening ticket (with class from 7pm-9:30pm) for the mid-week sessions or a Noon - 5pm ticket (with class from 12:30pm-3pm) for the Saturday class. The students are encouraged to take advantage of the extra time on the slopes for practice and “free runs.”

There will be **NO MAKE UP CLASSES** unless you have gone in to the Health Services during the missed class hours, or have an officially excused intercollegiate athletic trip, or otherwise arranged by your instructors. You may use any unattended class lift tickets on any other day during the season. However, no make-up lessons will be given.

Please direct **ALL** questions directly to the Ski Area Office at (814) 466-6810 or (814) 466-6266 or email info@tusseymountain.com, with KINES in the subject line.

IF PSU CLASSES HAVE BEEN CANCELLED, OUR SKI CLASS FOR THAT DAY IS NOT MANDATORY!! Those unable to attend may receive a make-up lift ticket at another time.

EVALUATION AND GRADING PROCEDURE

Each student will receive an evaluation in three areas:

Attendance / Participation 40%

Participation is taking an active part in the class – asking questions and attempting new tasks. To receive a good grade in participation, the student will be expected to enter into the learning partnership wholeheartedly for that session.

Performance 40%

The students may be asked at each class to perform drills and tasks at the performance level given as a goal for that particular class session. Performance is not only how well you ski/ride, but how well you attempt what is asked.

Written Assignments 20%

The students will be asked to briefly evaluate their performance and learning, complete a study guide, and compare their goals at the beginning and end of the course.

Ski School supervisors will review instructor-assigned grades and report a final grade to PSU after completion of the course.